

# PERIODONTICS

## Objectives

The following objectives are laid out to achieve the goals of the course

## Knowledge

- © Discuss historical perspective to advancement in the subject proper and related topics
- © Describe etiology, pathogenesis, diagnosis and management of common periodontal diseases with emphasis on Indian population
- © Familiarize with the biochemical, microbiologic and immunologic genetic aspects of periodontal pathology
- © Describe various preventive periodontal measures
- © Describe various treatment modalities of periodontal disease from historical aspect to currently available ones
- © Describe interrelationship between periodontal disease and various systemic conditions
- © Describe periodontal hazards due to estrogenic causes and deleterious habits and prevention of it
- © Identify rarities in periodontal disease and environmental/ Emotional determinates in a given case
- © Recognize conditions that may be outside the area of his Speciality/competence and refer them to an appropriate Specialist
- © Decide regarding non-surgical or surgical management of the case
- © Update him by attending course, conferences and seminars relevant to periodontics or by self-learning process.
- © Plan out/ carry out research activity both basic and clinical aspects with the aim of publishing his work in scientific journals
- © Reach to the public to motivate and educate regarding periodontal disease, its prevention and consequences if not treated
- © Plan out epidemiological survey to assess prevalence and incidence of early onset periodontitis and adult periodontitis in Indian population (Region wise)
- © Shall develop knowledge, skill in the science and practice of Oral Implantology
- © Shall develop teaching skill in the field of Periodontology and Oral Implantology

## SKILL

© *Take a proper clinical history, thorough examination 01 intra orally, extra orally, medical history evaluation, advice essential diagnostic procedures and interpret them to come to a reasonable diagnosis*

© *Effective motivation and education regarding periodontal disease maintenance after the treatment*

©Perform both non-surgical & education regarding periodontal disease, maintenance after the treatment

©Perform both non-surgical and surgical procedures independently

©Provide Basic Life Support Service (BLS) recognizes the need for and advance life support and does the immediate need for that.

### **Human values, ethical practice to communication abilities**

© Adopt ethical principles in all aspects of treatment modalities, Professional honesty & integrity are to be fostered Develop, Adopt ethical principles in all aspects of treatment modalities; Professional honesty & integrity are to be fostered. Develop Communication skills to make awareness regarding periodontal disease Apply high moral and ethical standards while carrying out human or animal research, Be humble, accept the limitations in his knowledge and skill, and ask for help from colleagues when needed, Respect patients rights and privileges, including patients right to information and right to seek a second opinion.

### **Course Contents**

Paper I

Applied Anatomy:

1. Development of the Periodontium
2. Micro and Macro structural anatomy and biology of the periodontal tissues
3. Age changes in the periodontal tissues
4. Anatomy of the Periodontium
  - ©Macroscopic and microscopic anatomy
  - ©Blood supply of the Periodontium
  - ©Lymphatic system of the Periodontium
  - ©Nerves of the Periodontium
5. Temporomandibular joint, Maxillae and Mandible
6. Cranial nerves (5,7,9,11,12)
7. Tongue, oropharynx
8. Muscles of mastication

### **Physiology**

1. Blood
2. Respiratory system - Acknowledge of the respiratory diseases which are a cause of periodontal diseases (periodontal Medicine)
3. Cardiovascular system
  - h. Blood pressure
  - i. Normal ECG
  - j. Shock
4. Endocrinology - hormonal influences on Periodontium
5. Gastrointestinal system
  - a. Salivary secretion - composition, function & regulation
  - b. Reproductive physiology
    - i. Hormones - Actions and regulations, role in periodontal disease
    - ii. Family planning methods
6. Nervous system
  - a. Pain pathways

- b. Taste - Taste buds, primary taste sensation & pathways for sensation

### **Biochemistry**

1. Basics of carbohydrates, lipids, proteins, vitamins, proteins, enzymes and minen
2. Diet and nutrition and periodontium
3. Biochemical tests and their significance
4. Calcium and phosphorus

### **Pathology**

1. Cell structure and metabolism
2. Inflammation and repair, necrosis and degeneration
3. Immunity and hypersensitivity
4. Circulatory disturbances - edema, hemorrhage, shock, thrombosis, embolism, infarction and hypertension
5. Disturbances of nutrition
6. Diabetes mellitus
7. Cellular growth and differentiation, regulation
8. Lab investigations
9. Blood

### **Microbiology:**

1. General bacteriology
  - a. Identification of bacteria
  - b. Culture media and methods
  - c. Sterilization and disinfection
2. Immunology and Infection
3. Systemic bacteriology with special emphasis on oral microbiology - staphylococci, genus actinomyces and other filamentous bacteria and actinobacillus actinomycetumcomitans
4. Virology
  - a. General properties of viruses
  - b. Candidasis
6. Applied microbiology
7. Diagnostic microbiology and immunology, hospital infections and management

### **Pharmacology:**

1. General pharmacology
  - a. Definitions - Pharmcokinetics with clinical applications, routes of administration including local drug delivery in Periodontics
  - b. Adverse drug reactions and drug interactions
2. Detailed pharmacology of
  - a. Analgesics - opioid and nonopoid
  - b. Local anesthetics
  - c. Haematinics and coagulants, Anticoagulants
  - d. Vit D and Calcium preparations
  - e. Antidiabetics drugs
  - f. Steroids

- g. Antibiotics
  - h. Antihypertensive
  - i. Immunosuppressive drugs and their effects on oral tissues
  - j. Antiepileptic drugs
3. Brief pharmacology, dental use and adverse effects of
- a. General anesthetics
  - b. Antipsychotics
  - c. Antidepressants
  - d. Anxiolytic drugs
  - e. Sedatives
  - f. Antiepileptics
  - g. Antihypertensives
  - h. Antianginal drugs
  - i. Diuretics
  - j. Hormones
  - k. Pre-anesthetic medications
4. Drugs used in Bronchial asthma cough
5. Drug therapy of
- a. Emergencies
  - b. Seizures
  - c. Anaphylaxis
  - d. Bleeding
  - e. Shock
  - f. Diabetic ketoacidosis
  - g. Acute Addisonian crisis
6. Dental Pharmacology
- a. Antiseptics
  - b. Astringents
  - c. Sialogogues
  - d. Disclosing agents
  - e. Antiplatelet agents
7. Fluoride pharmacology

**Biostatistics:**

- © Introduction, definition and branches of biostatistics
- © Collection of data, sampling, types, bias and errors
- © Compiling data-graphs and charts
- © Measures of central tendency (mean, median and mode), standard deviation variability
- © Tests of significance (chi square test, t-test and Z-test)

© Null hypothesis

## **Paper II**

### **Etiopathogenesis**

1. Classification of periodontal diseases and conditions
2. Epidemiology of gingival and periodontal diseases
3. Defense mechanisms of gingiva
4. Periodontal microbiology
5. Basic concepts of inflammation and immunity
6. Microbial interactions with the host in periodontal diseases
7. Pathogenesis of plaque associated periodontal diseases
8. Dental calculus
9. Role of iatrogenic and other local factors
10. Genetic factors associated with periodontal diseases
11. Influence of systemic diseases and disorders of the periodontium
12. Role of environmental factors in the etiology of periodontal disease
13. Stress and periodontal diseases
14. Occlusion and periodontal diseases
15. Smoking and tobacco in the etiology of periodontal diseases
16. AIDS and periodontium
17. Periodontal medicine
18. Dentinal hypersensitivity

## **Paper III**

### **Clinical and Therapeutic Periodontology and Oral Implantology**

#### **Please note:**

Clinical periodontology includes gingival diseases, periodontal diseases, periodontal instrumentation, diagnosis, prognosis and treatment of periodontal diseases.

#### **I. GINGIVAL DISEASES**

1. Gingival inflammation
2. Clinical features of gingivitis
3. Gingival enlargement
4. Acute gingival infections
5. Desquamative gingivitis and oral mucous membrane diseases
6. Gingival diseases in the childhood

#### **II. PERIODONTAL DISEASES**

1. Periodontal pocket
2. Bone loss and patterns of bone destruction
3. Periodontal response to external forces
4. Masticatory system disorders

5. Chronic periodontitis
6. Aggressive periodontitis
7. Necrotising ulcerative periodontitis
8. Interdisciplinary approaches
  - Orthodontic
  - Endodontic
9. Periodontic considerations

### III. TREATMENT OF PERIODONTAL DISEASES

#### **A. History, examination, diagnosis, prognosis and treatment planning**

1. Clinical diagnosis
2. Radiographic and other aids in the diagnosis of periodontal diseases
3. Advanced diagnostic techniques
4. Risk assessment
- 5.** Determination of prognosis
6. Treatment plan
7. Rationale for periodontal treatment
8. General principles of anti-infective therapy with special emphasis on infection control in periodontal practice
9. Halitosis and its treatment
10. Bruxism and its treatment

#### **B. Periodontal instrumentation**

1. Instrumentation
2. Principles of periodontal instrumentation
3. Instruments used in different parts of the mouth

#### **C. Periodontal therapy**

1. Preparation of tooth surface
2. Plaque control
3. Anti microbial and other drugs used in periodontal therapy and wasting diseases of teeth
4. Periodontal management of HIV infected patients
5. Occlusal evaluation and therapy in the management of periodontal diseases
6. Role of orthodontics as an adjunct to periodontal therapy
7. Special emphasis on precautions and treatment for medically compromised patients
8. Periodontal splints
9. Management of dentinal hypersensitivity

#### **D. Periodontal surgical phase - special emphasis on drug prescription**

1. General principles of periodontal surgery
2. Surgical anatomy of periodontium and related structures
3. Gingival curettage
4. Gingivectomy technique
5. Treatment of gingival enlargements
6. Periodontal flap
7. Osseous surgery (resective and regenerative;
8. Furcation; Problem and its management
9. The periodontic - endodontic continuum
10. Periodontic plastic and esthetic surgery
11. Recent advances in surgical techniques

#### **E. Future directions and controversial questions in periodontal therapy**

1. Future directions for infection control
  2. Research directions in regenerative therapy
  3. Future directions in anti-inflammatory therapy
  4. Future directions in measurement of periodontal diseases
- E. Periodontal maintenance phase
1. Supportive periodontal treatment
  2. Results of periodontal treatment

#### **IV. ORAL IMPLANTOLOGY**

1. Introduction and historical review
2. Biological, clinical and surgical aspects of dental implants
3. Diagnosis and treatment planning
4. Implant surgery
5. Prosthetic aspects of dental implants
6. Diagnosis and treatment of Peri implant complications
7. Special emphasis on plaque control measures implant patients
8. Maintenance phase

#### **V. MANAGEMENT OF MEDICAL EMERGENCIES IN PERIODONTAL PRACTICE**

##### Teaching / learning Activities

© Seminars: - A minimum of 15 seminars to be presented by each student during the P.G. course (At least 5 Seminars per year)

© Journal clubs: - a minimum of 25 Journal articles to be reviewed by each student during the P.G. course

© Interdepartmental Seminars: - Each P.G. student should present at least t seminar in an Interdepartmental meeting during the P.G course. Such meetings maybe held at least once every month

© Library Assignment: - one to be presented at the end of 18 months of the course.

### **Academic Activities:**

#### **I Year**

Submission of synopsis for Dissertation - within 6 months from the start of the course

Library Assignment I - to be submitted at the end of the I year

#### **II Year**

Library Assignment II - to be submitted at the end of the II year

Scientific Paper presentation at the conferences ill Year

#### **III Year**

Scientific Paper/ Poster presentation at conferences

Submission of Dissertation - 6 months before completion of

### **Skills**

#### **First year**

#### **Pre - Clinical work**

##### **Dental**

1. Practice of incisions and suturing techniques on the typhodont models
2. Fabrication of bite guards and splints
3. Occlusal adjustments on the casts mounted on the articulator
4. X- Ray techniques and interpretation
5. Local anesthetic techniques

##### **Medical**

1. Basic diagnostic microbiology and immunology, collection and handling sample, culture techniques.
2. Basic understanding of immunological diseases
3. Interpretation of various biochemical investigations
4. Practical training and handling medical emergencies and basic life support devices
5. Basic Biostatistics - Surveying and data analysis Clinical work

- |                                    |          |
|------------------------------------|----------|
| 1. Applied periodontal indices     | 10 CASES |
| 2. Scaling and root planning (SRP) |          |
| a. Hand                            | 15 CASES |
| b. Ultrasonic                      | 15 CASES |
| 3. Curettage                       | 10 CASES |
| 4. Gingivectomy                    | 20 CASES |
| 5. Ginqivoplasty                   | 10 CASES |

## Clinical Work

- |  |          |
|--|----------|
| 2. Case history and treatment planning | 10 CASES |
| 3. Local Drug Delivery techniques      | 5 CASES  |
| 4. Periodontal surgical procedures     |          |
| -Pocket therapy                        |          |
| -Muco-gingival surgeries               |          |
| -Implants (2 implants)                 |          |
| -Management of perio endo problems     |          |
| 5. Occlusal adjustments                | 10 CASES |
| 6. Perio splints                       | 10 CASES |

## Third Year

### Clinical work

1. Regenerative techniques  
- Using various graft and barrier membranes
2. Record, maintenance and follow up of all treated cases including implants

**Assessment examinations:** - In addition to the regular evaluation, log book etc., assessment examination should be conducted once every six months & progress of the student monitored

**Note:** The number of cases mentioned are minimum number to be performed by each candidate.

Submission of Synopsis for Dissertation should be done within 6 months of the commencement of the course.

Submission of two copies of Library Assignments at the end of 1 and 2nd year Submission of pre-clinical work as scheduled. Submission of Dissertation - 6 months before completion of III year. Maintenance of Work Diary/Log book as prescribed by RGUHS.

### Monitoring Learning Progress

It is essential to monitor the learning progress to each candidate through continuous appraisal and regular assessment. It not only helps teachers to evaluate students, but also students to evaluate themselves. The monitoring to be done by the staff of the department based on participation of students in various teaching / learning activities? It may be structured and assessment be done using checklists that assess various aspects. Checklists are given in Section IV

## SCHEME OF EXAMINATION

### Theory : 300 Marks

Written examination shall consist of four question papers each of three hours duration. Total marks for each paper will be 75. Paper I, II and III shall consist of two long questions carrying 20 marks each and 5 short essay questions carrying 7 marks each. Paper IV will be on Essay. Questions on recent advances may be asked in any or all the papers. Distribution of topics for each paper will be as follows: \*

**Paper I:** Applied Basic Sciences: Applied Anatomy, Physiology, 8s Biochemistry, Pathology, Microbiology, Pharmacology, Research Methodology and Biostatistics. Should Epidemiology come under Paper II?

**Paper II:** Normal Periodontal structure, Etiology 8s Pathogenesis of Periodontal diseases, epidemiology as related to Periodontics

**Paper III:** Periodontal diagnosis, therapy 8s Oral implantology

**Paper IV: Essay (with emphasis on recent advances in periodontics)**

\*The topics assigned to the different papers are generally evaluated under those sections. However a strict division of the subject may not be possible and some overlapping of topics is inevitable. Students should be prepared to answer overlapping topics.

**B. Practical / Clinical Examination : 200 Marks**

The clinical examination shall be of two days duration

**1<sup>st</sup> day**

Case discussion

- Long case- One
- Short case - One

Periodontal surgery - Periodontal flap surgery on a previously prepared case in one quadrant of the mouth after getting approval from the examiners

**2<sup>nd</sup> day**

Post-surgical review and discussion of the case treated on the 1<sup>st</sup> day Presentation of dissertation & discussion

All the examiners shall participate in all the aspects of clinical examinations / Viva Voce

Distribution of Marks for Clinical examination (recommended)

|                            |     |
|----------------------------|-----|
| a) Long Case discussion    | 50  |
| b) 2 short cases           | 50  |
| c) Periodontal surgery     | 75  |
| d) Post — operative review | 25  |
| Total                      | 200 |

**C. Viva Voce: 100 Marks**

**i. Viva- Voce examination: 80 marks**

All examiners will conduct viva-voce conjointly on candidate's comprehension, analytical approach, expression, interpretation of data and communication skills. It includes all components of course contents. It includes presentation and discussion on dissertation also.

**ii. Pedagogy: 20 marks**

A topic is given to each candidate in the beginning of clinical examination. He/she is asked to make a presentation on the topic for 8-10 minutes

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